

The Change Agency

Training, facilitation and coaching for groups

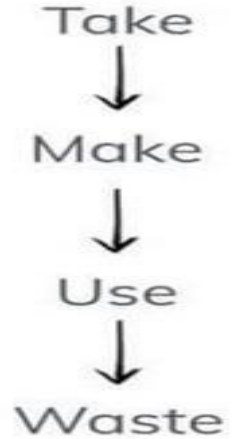
www.thechangeagency.ie

The Circular Economy information for Monaghan PPN

The Circular Economy is described as a model of sharing, leasing, reusing, repairing, recycling that is aimed at creating massive changes in how society and economies think about and use resources.

Why do you think this change has been proposed?

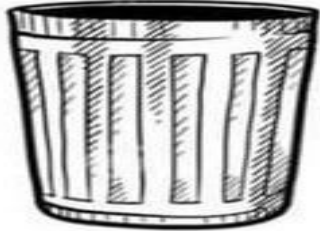
LINEAR ECONOMY



RECYCLING ECONOMY



CIRCULAR ECONOMY



What is the circular economy

keeps materials in use as long as possible, and designs out waste.

3 key principles :



- Design out waste and pollution

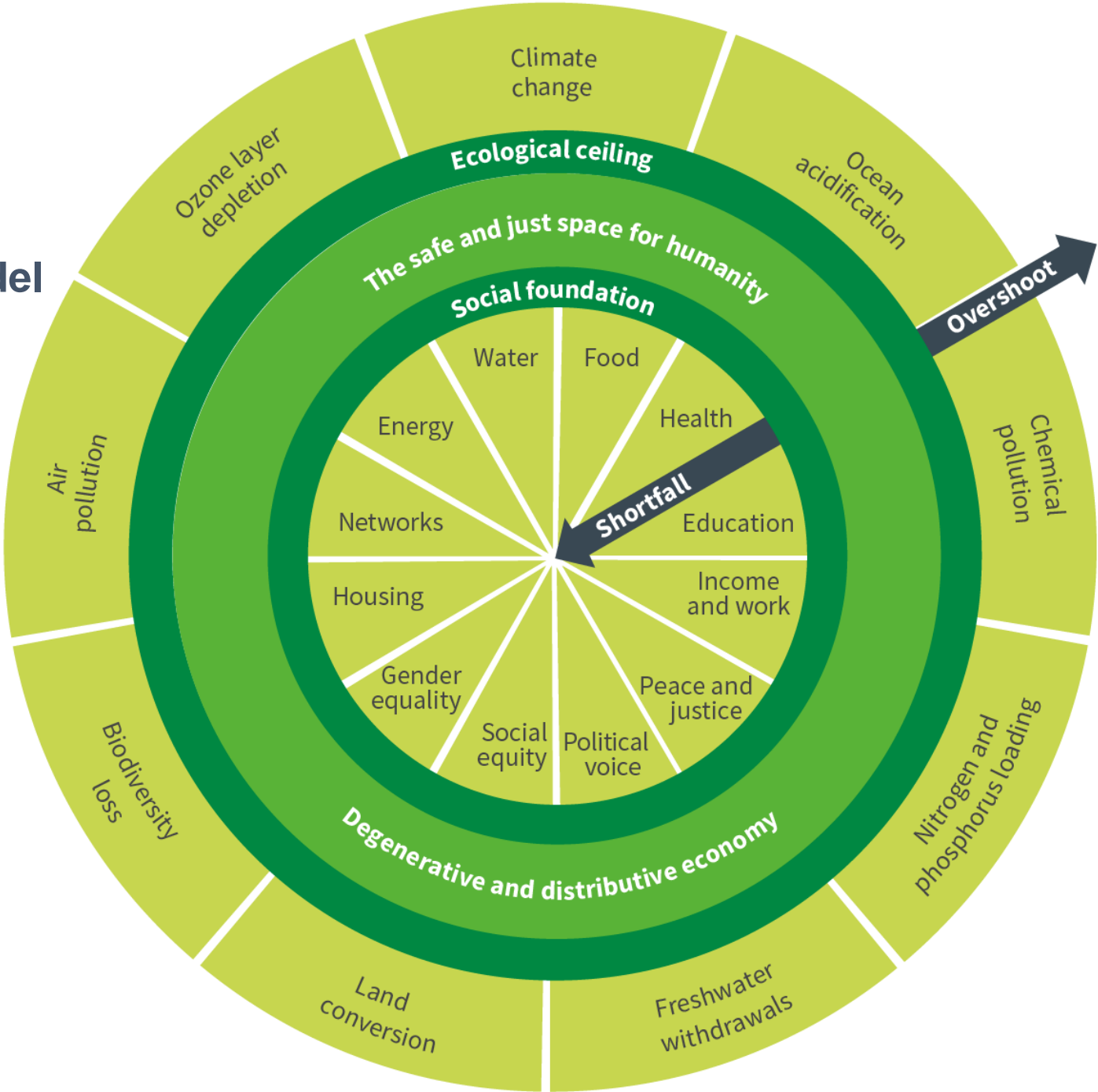


- Circulate products and material at their highest value



- Regenerate nature.

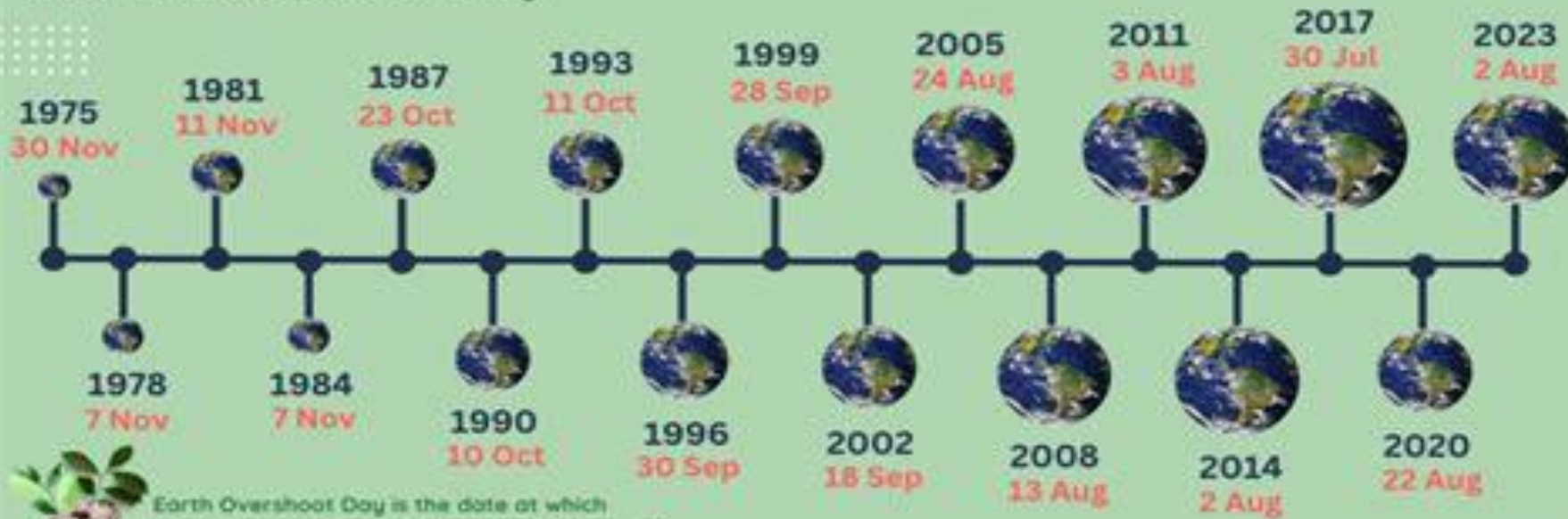
Donut Economics model



Earth Overshoot Day

THE CONTENT ARCHITECTS

Over the last half a century

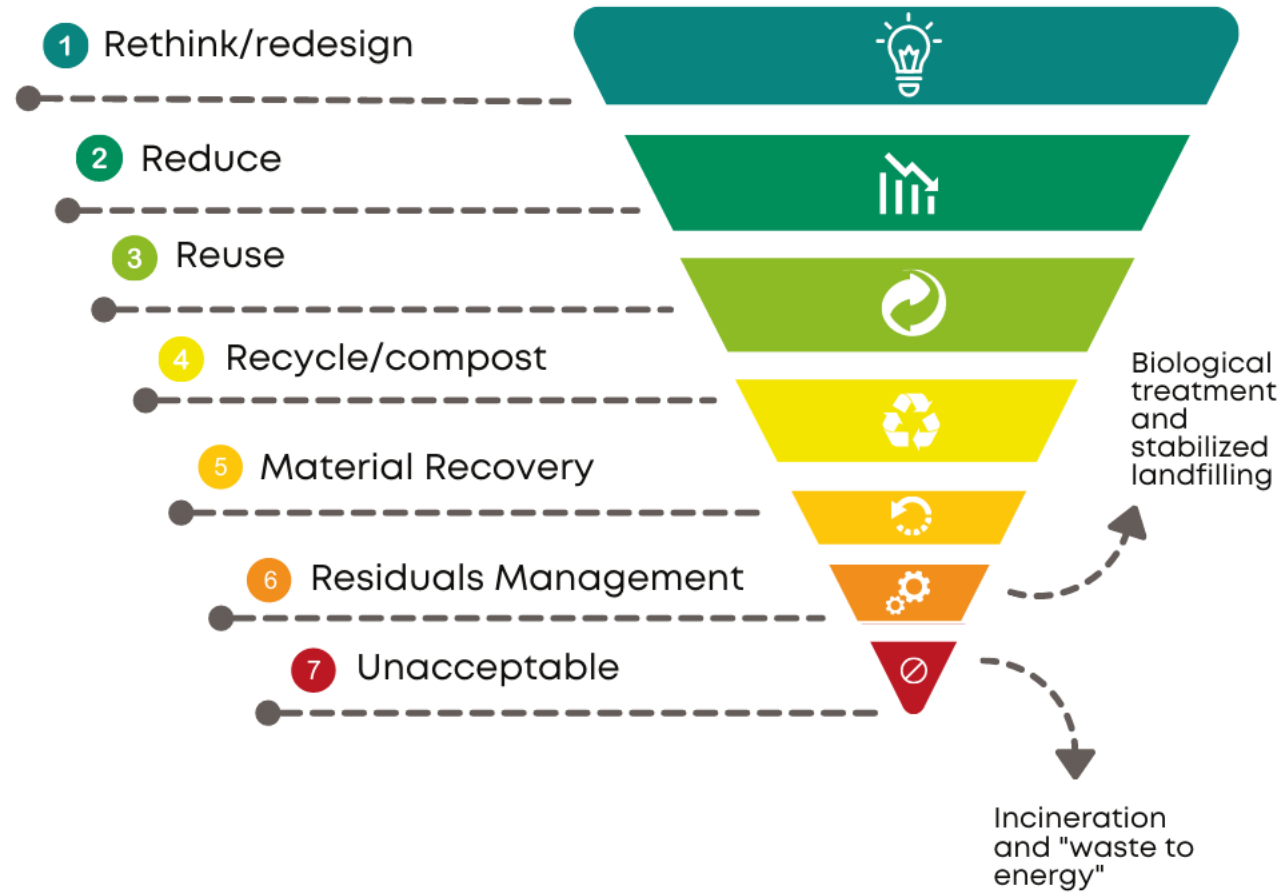


Earth Overshoot Day is the date at which humanity's resource consumption for the year exceeds the planet's capacity to regenerate those resources, signalling an ecological deficit.

How can we use Circular Economy thinking in our work and lives?

1. Designing out waste
2. Share
3. Repair (things and nature)

THE ZERO WASTE HIERARCHY



Our vision is that all peoples in our community are able to waste not and want not.

There are enough resources on this Earth for everyones need but not everyones greed.

We recognise a cultural and values shift is happening and that overtime we are learning to value a worklife balance, connections within our local community and nurture nature, for all our wellbeing.

We will educate people on existing repair or waste recycling services. We will connect up those who need with those who want to share/donate.

About Kathryn Mc Cabe

For the last 20 years Kathryn has consulted internationally, guiding groups towards sustainability and well-being. She is Ireland's only Masters trained social ecologist. She is a professional facilitator, emergent program designer and leadership development specialist.

She was a lecturer at the University of Western Sydney in Education for Sustainability. She was on the organising committee for the first International Democratic Education Conference in Australia. She has a special interest in youth Rites of Passage; Directing a 6 week residential summer program on Vancouver Island, Canada and a 9 month program in The Phoenix Park, Dublin.

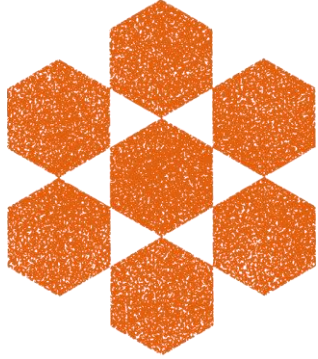
She studied Science and Applied Physics at Maynooth University, but continued seeking academic pathways that would explore a big picture approach to changing the world. A radical masters in Australia, Social Ecology, enabled her to engage with complex systems, design context-specific change strategies and, crucially, feel inspired about what is possible when people feel respected and trusted to take their next step towards transformation.

Kathryn sat (2019-2022) on the National Board of the Secretariat for the Public Participation Network, and on her local Roscommon Secretariat. She was elected in 2022 by her peers to the Open Government Round Table. She is passionate about amplifying the needs of civic society to influence and direct local policy decisions.

She is the co-founder of Roscommon Transition Towns, a collaboration of local groups transitioning the region to a sustainable and just society with actions like Community Supported Agriculture and community owned energy. She brings an unusual array of experience and training to help cultivate regenerative change.



The Change Agency offers



Consultation

We offer a review that will embed systems thinking and deliver the outcomes you have dreamed of.



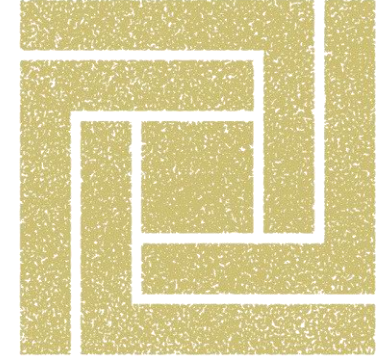
Talks

Many of our workshops and programs can be delivered as a short talk



Workshops

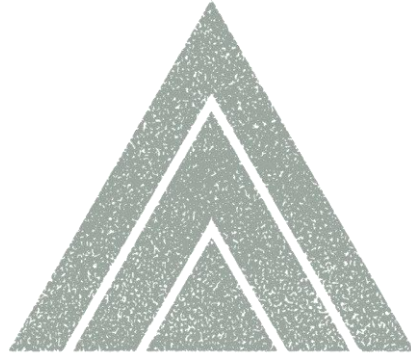
Our workshops are a single training event designed to address a particular gap in the groups' knowledge, skills and perceptions.



Courses, Events + Retreats

We will help design a suite of training that will take you on a rich, empowering journey to meet the future, as it emerges.

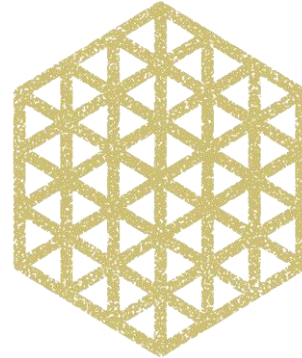
How we do it.



Listen

We want to understand what you need and what you desire, the attractors and inhibitors and how your group functions and interacts.

We then design just for you.



Transform

Our programs craft a space for transformation via with our blend of applied complexity science, transformational learning models and 21st Century leadership.



Support

Change is a journey, and ongoing support will make that journey enjoyable, resilient, flexible and effective.

We can design a suite of programs that will grow with you.

Who we've helped.



Client testimonials.

“I think Kathryn’s approach blends a deeply reflective and yet practical approach to well-being for young people and older people alike. Her sessions were refreshing, illuminating and uplifting.”

— ECO-UNESCO Staff

“Kathryn has an amazing talent of cutting right to the heart of the matter, inspiring people to speak their own truths in an authentic way. She is truly an agent of change and I cannot recommend her highly enough if you or your organisation are ready to experience transformational leadership in action.”

— Lucy O’Hagan, Director Wild Awake & Phoenix Forest School

“I loved particularly the mixture of connecting people with place. Fun and exciting, as well as plenty of humour. Highly recommend Deep Ecology.”

— Cian Dunn

“Very relaxed approach but very engaging. Very deep but non threatening. Loved the way you drew out the giftedness of the group. I’m leaving with a lot of hope, new energy and enthusiasm.”

— Mary and Len (Active Hope Workshop, Galilee Community)

“From the very beginning, Kathryn gently but skillfully guided us through the subjects of anti oppression and anti racism, shifting an awareness within me around my own experiences and those of others, helping me to recognise those through a new lense.”

— Laura Kennedy, forest school leader in Galway

“Thank you so much for building a beautiful safe space for complete strangers to connect on a deep level in such a short space of time...renewed my faith in human nature.”

— Siobhan Deep Ecology workshop, Pheonix Forest School

Contact us.

The Change Agency

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Hours: Flexible

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